

A little help, goes a long way!



Be the
change.

support ZENworks Yoga.



Better
together.





BIRTHDAY FUNDRAISER

For my birthday I kindly ask
that you help support
ZENworks yoga.

ZENworks Yoga is a Cleveland-based
501(c)(3) non-profit organization
committed to supporting the mental and
physical wellness of students, staff, and
families in underserved schools and
community organizations through
mindfulness and yoga programming.

Help me in supporting

ZENWORKS YOGA

MAKING A DIFFERENCE ONE CHILD AT A TIME



www.zenworksyoga.com

Importance of supporting nonprofits



Grow
communities



Create more
equitable
communities



Provide us
with a safe space



Help voices
be heard



Step in when
others won't



Dare us
to dream

Make a

difference.

support ZENworks Yoga.



together
we can do
great
things.



Together we Pause. Breathe. Reset.



ENGAGEMENT

EQUALITY

ACCESS

IMPACT

MINDFULNESS

BELONGING

FOCUSED

TRAUMA-INFORMED

EMPOWERMENT

ZEN

ACCOUNTABILITY

INCLUSION



CONFIDENT

ZEN in your

community

www.zenworksyoga.com

ZENworks Yoga has brought ZEN to over 5,500 children in underserved schools & community organizations around Northeast Ohio and access to online resources across the country

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